

# Kenmore Soccer News

Volume 18, Number 1

Kenmore/Tonawanda, New York

March 2024

## Outdoor Training and Academy Schedules To Be Posted by Late March

Our indoor training and Academy sessions will wrap up on March 30th. Following the Spring school break, we will begin outdoor sessions leading into Travel and Rec league play in May. The start is weather dependent, as fields need to be dry and playable.

We will have first-use of all of the facilities at Kenney Field, so the bulk of our home travel games will be there, as will all of the Rec program activities. Travel team training will be at school fields - with Green Acres, Hamilton, Hoover, and Lindbergh being the primary sites.

As always, players that are not able to attend their team training session due to scheduling conflicts with other activities, may attend a session of an adjoining age group simply by letting both coaches know.

We will operate the Kenney Field concession stand once again this season, and we are always looking for volunteers to help there.....especially on the night of the Town Fireworks marking Independence Day. If you are willing to volunteer, even if just for that night, please contact Ken Voght at [voght@msn.com](mailto:voght@msn.com).

## Winter Break Camp Wraps Up Fun Week

Our Winter Break Camp finished up a successful week at MilSher with a World Cup Tournament. This followed sessions on skills, including learning how to perform a bicycle kick. Check the video [HERE](#).

Thanks to the players for making it a fun week. We are certain that many of them were exhausted by Friday afternoon, but the effort was good and we hope they had fun.



## Game Nights for Outdoor League Play

Here are the 2024 game nights for Buffalo/WNY Junior Soccer League play:

### Boys

8U - Wednesday  
9/10U - Friday  
11U - Tuesday  
12U - Thursday  
13U - Monday  
14U - Wednesday  
15U - Thursday  
16U - Tuesday  
17U - Wednesday  
19U - Monday

### Girls

8U - Wednesday  
9/10U - Friday  
11U - Wednesday  
12U - Monday  
13U - Tuesday  
14U - Thursday  
15U - Wednesday  
16U - Monday  
17U - Thursday  
19U - Tuesday

## Register Now

*or Save the Week*

## 2024 Celtic FC Summer Camp July 15-19 — Kenney Field



Our Celtic FC Summer Camp, led by professional staff from Celtic FC in Glasgow, Scotland, will be held during the week of July 15-19, 2024 at Kenney Field. Nearly 100 campers participated in the 2023 camp.

Registration is now open via the Kenmore Soccer web site. Register early, as we must limit the number of participants.

If you delay, please save the date and hope there is still room later for the best soccer camp in the western New York area.

## Quotes to Remember

“Be more concerned with your character than your reputation, because your character is what you really are, while your reputation is merely what others think you are.”

John Wooden, former UCLA basketball coach

**SOCCER TOURNAMENT**  
SUNDAY APRIL 14TH.  
**7 ON 7**  
MURCHIE FAMILY FIELDHOUSE  
**UNIVERSITY AT BUFFALO**



**U8 B/G**  
**U9 B/G**  
**U10 B/G**  
**U11 B/G**  
**U12 B/G**  
**MENS / LADIES**

**4 TEAM DIVISIONS    3 / 40 MINUTE GAMES**  
**FREE PARKING    REF FEE INCLUDED**  
**\$7 FAN FEE**

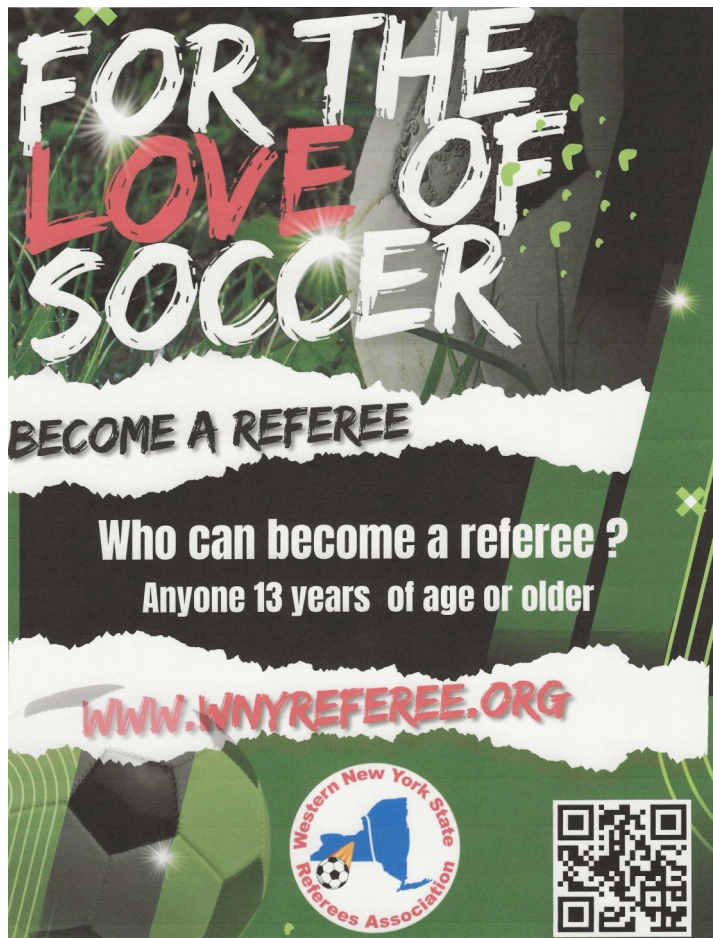
FOR REGISTRATION INFO CONTACT:  
KEN VOGHT - (716) 308-6463  
MIKE DAMICO - (716) 663-3839

## Trivia Question

(answer on page 8)

What English Premier League record did Darwin Nunez set in the Liverpool versus Norwich City FA Cup match on January 28th?





The Kenmore Spurs 2014 Girls head for ice cream after a 5-0 win over the Delaware Dash in the Sportsplex Winter B Indoor League

Here is another Summer Soccer Camp opportunity - an overnight camp with staff counselors including 3 Kenmore Soccer players - Jacob, Adam, and Evan Korte



*First-time camper discount!*

**Save \$100**



# Soccer Camp

**at Dunkirk Camp & Conference Center**

3602 Lakeshore Dr. • Dunkirk, NY 14048 • (716) 366-1900



## Weeklong Overnight Summer Camp

*for youth entering grades 3-9 in Fall 2024*

*Most unique  
camp in WNY*

**August 4-10, 2024**

*For all  
skill levels!*

Spend a week playing the game you love! Enjoy skill training with a USA licensed youth soccer coach and participate in a "World Cup" tournament of small-sided games. Lots of soccer plus all the bells and whistles of an outdoor adventure camp including capture-the-flag, swimming, creek hikes, camp fires, adventure races and much more!

**Register online at [www.dunkirkcc.com](http://www.dunkirkcc.com)**

*e-mail: [mhanes@dunkirkcc.com](mailto:mhanes@dunkirkcc.com) with questions.*



## Parents: A Pre-Game Routine for Parents

by Skye Eddy

Unlock your child's potential on the field with our expert-backed pre-game routine for parents. From stress management to goal-setting, discover how to support and inspire your young athlete. Game-changing strategies await!

As parents, we play a crucial role in ensuring our children show up to a game ready to compete and feel inspired. While the result of the game does not matter (this is youth sports and lots of learning happens from losing too) we should want our children to always bring a want-to-win, competitive mindset to games.

Developing a Pre-Game Routine for Parents is an essential step to support our children. Aside from things like making sure your child has the proper nutrition before a game, there are a handful of things to consider as you put together a Pre-Game Routine that works for you, your child, and your family.

- **Be conscious of how you are feeling.** Is there a bit of extra stress in your body because it's a big game such as a tournament final or a cross-town rival? While it's normal for parents to feel a sense of stress because we care and want our children to do well, we must not let our children feel this stress. Take a moment before you interact with your child on game day to reflect on how you are feeling and develop a strategy to manage yourself if the stress has crept in. Maybe it's as simple as a few deep breaths or a statement you say out loud to yourself such as *"I need to be calm and supportive and bring some joy to the game."*
- **Have a checklist for getting out the door.** There's nothing worse than a frenzied rush out the door screaming reminders about water bottles and uniforms to put your child in a less-than-optimal frame of mind for a game. Whether it's a mental checklist or paper posted by the door, develop a plan for leaving the house prepared.
- **Support your child's goals for the game.** Regardless of the age or skill level of your child, they should have some goals for the game. For a young, novice player maybe it's to stay focused when they are in the game or to dribble with speed three times during the game. For an older player maybe it's to keep their head up when they have the ball, to stay focused and move off the ball. For most children, it's best to have this conversation the day before the game or over breakfast, not while they are in the backseat and you're peering in the rear-view mirror trying not to be stressed yourself! Once your child has decided on their game goals (narrow them to a few words so they remember them) – remind them so they are front of mind as they head off to their team.
- **Develop a special sendoff tradition.** Maybe it's a high five or a special handshake. Come up with something special you say or do that is an indication they are leaving you, joining their teammates, and it's game time! For my daughter, it became the same statement: WORK HARD, BE A GOOD TEAMMATE, HAVE FUN....LOVE YOU! For games I couldn't make in person, this would often be the last message she saw on her phone before she put it away to start warmup.

While we likely understand the importance of teams having a Pre-Game Routine to properly prepare for a game, putting a Pre-Game Routine for Parents in place can be a great step towards supporting our children, helping them feel inspired and ready to compete.

## Kenmore Soccer is in the Social Media World

Kenmore Soccer has joined the social media experience by creating sites within Instagram, Twitter, and Facebook. Links to all of the platforms are on the left hand side of our web site landing page.

Teams (or parents for that matter), can post information on these sites by following these instructions:

### Instagram:

If someone posts a picture to their account and wants to tag Kenmore Soccer or include us in a comment, tag our account by using @kenmoresoccerclub

### Twitter:

Anyone can tweet to the Kenmore Soccer page or include us in a post by tagging us using @KenmoreSoccer

### Facebook:

Anyone can post to the wall on the Kenmore page, write a comment on posts, or post a picture/video to the page.

If someone wants to tag Kenmore Soccer Club in a post or picture, they need to type @kenmoresoccerclub

All other photos/videos can be sent to [kenmoresoccerclub@gmail.com](mailto:kenmoresoccerclub@gmail.com).

We have a number of followers on these sites, and you might notice that it includes Celtic FC who has posted information. Most importantly, we have uploaded video of several individual training sessions.

## Submissions Anyone ????????????

We want this to be your newsletter. We also want you to be a part of the Club web site. So, we are looking for your ongoing input—articles, pictures, match highlights, team and player recognition, etc. Each team should consider having a designee that can channel information to the Club for inclusion in the newsletter or web site.

Send your submissions to us at [kenmoresoccerinc@gmail.com](mailto:kenmoresoccerinc@gmail.com). Pictures are welcome, but should be in a jpg or gif format.

## Contacting Us

Web Site — [www.kenmoresoccer.com](http://www.kenmoresoccer.com)

E-Mail — [voght@msn.com](mailto:voght@msn.com)

Telephone — 716-837-1627

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## Answer to Trivia Question

(from page 3)

Darwin Nunez set a modern day record by striking the woodwork (goalposts and/or crossbar) four times during the match, with none of them entering the goal.

**Right here for you.**

On and off the field. [Learn more »](#)

**univera**  
HEALTHCARE



## Fund Raising

The Kenmore Soccer Club is registered to conduct fund-raising, as is required by law, but each activity needs to be approved by our Board of Directors.

If your team wants to conduct any fund-raising, just e-mail us at [doc@kenmoresoccer.com](mailto:doc@kenmoresoccer.com) with the details of what you propose, and the eventual use of the funds raised. We will get back to you promptly.